

SUICIDE: WASHINGTON 2017 FACTS & FIGURES

Suicide Death Rates

	Number of Deaths by Suicide	Rate per 100,000 Population	State Rank
Washington	1,137	15.37	22
Nationally	44,193	13.26	

\$ Suicide cost Washington a total of **\$1,114,435,000** of combined lifetime medical and work loss cost in 2010, or an average of **\$1,164,509** per suicide death.

IN WASHINGTON, SUICIDE IS THE...

1st leading
cause of death
for ages 10-14

2nd leading
cause of death
for ages 15-34

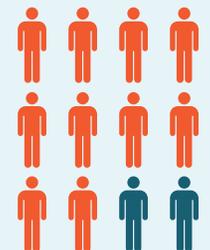
3rd leading
cause of death
for ages 35-44

5th leading
cause of death
for ages 45-54

8th leading
cause of death
for ages 55-64

16th leading
cause of death
for ages 65 & older

Nearly five times as many people die by suicide in Washington annually than by homicide; the total deaths to suicide reflect a total of **22,745** years of potential life lost (YPLL) before age 65.



Suicide is the **8th leading** cause of death overall in Washington.



On average, one person dies by suicide **every 8 hours** in the state.

Based on most recent 2015 data from CDC. Learn more at afsp.org/statistics.



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Suicide Prevention

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SUICIDE PREVENTION PROGRAMS AND INITIATIVES

- **Washington State's Plan for Youth Suicide Prevention 2009** (<http://www.yspp.org/media/documents/WASStatePlan.pdf>) was developed by the Washington State Youth Suicide Prevention Steering Committee, a group of individuals representing survivors of suicide loss and public and private organizations whose work directly affects youth. The plan data and goals were updated in 2014.
- In January 2016, the Washington State Department of Health released the Washington State Suicide Prevention Plan, which can be found here: <http://www.sprc.org/sites/default/files/Washington631-058-SuicidePrevPlan.pdf>.
- ESHB 1336 (adopted 5/10/13) requires that certified school nurses, school social workers, school psychologists and school counselors complete a training program of at least 3 hours in length on youth suicide screening and referral as a condition of certification; effective in 2014-2015 school year, each school district must also adopt a plan for recognition, initial screening, and response to emotional or behavioral distress in students, including possible substance abuse, violence, and youth suicide.
- In Washington, suicide prevention and mental health education are included within required health and fitness assessments and curriculum for students (RCW 28A.230.095).
- Washington was the first state to pass a law (ESHB 2366, adopted 3/29/12) to require regular suicide prevention training for mental health professionals. Amendments in 2014 and 2015 (ESHB 2315, adopted 3/27/14 and ESHB 1424, adopted 5/14/15) required licensed physicians, nurses, and other health professionals to receive the training at least once.
- Washington HB 1138 (adopted 4/23/15, effective 7/24/15) creates a task force on mental health and suicide prevention in higher education.

GET INVOLVED

The AFSP Washington State Chapter brings together people of all backgrounds in communities throughout the state to fight suicide. For more information or to volunteer, please contact:

AFSP – WASHINGTON STATE

washington@afsp.org

BECOME AN ADVOCATE IN WASHINGTON

AFSP's Washington advocacy volunteers build relationships with public officials and advocate on behalf of sound suicide prevention policy.

To get involved, contact:

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LEADING THE FIGHT AGAINST SUICIDE

We fund research, offer educational programs, advocate for public policy and support those affected by suicide. Headquartered in New York, AFSP has local chapters in all 50 states.



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